HIV AND AIDS

by:
Mary Roseanne M. Tabarangao
Mariveles National High School - Camaya

Lust is the foundation of HIV and AIDS, a lot of people become victim of this virus because of inclinations in sexual pleasure. Anyone can be attacked by the virus without considering the age, gender, and social status. According to the study suggested by Kaiser Permanente between 1996 and 2016 the gap in life expectancy between people who are HIV positive and HIV negative closed from 44 years to 12 years. On the other hand, AIDS is the most advanced stage of HIV infections. One HIV infections develops into AIDS, infections and cancer pose a greater risk. In the past, around 1,122,900 people were positive in HIV and by 2016 the estimated victim or positive in AIDS is 18,160 people. If the person has undetectable HIV, they will not transmit HIV to another person, even if after a transfer of the fluids. Some of the early symptoms in HIV may include the fever, chills, joint pain, muscle ache, sore throat, sweats particularly in the night, enlarge glands, red rash, tiredness, weakness, unintentional weight loss, and thrush. People who have expertise many of those symptoms and apprehend of any reason they may are in danger of catching HIV over the last weeks ought to take a check.

On the other hand, the symptoms of late stage HIV infection may include blurred vision, diarrhea, dry cough, a fever of over 37 degree Celsius for weeks, tiredness, shortness of breath. A person who have with this late stage HIV can control or prevent and treat serious conditions by taking other medications alongside HIV treatment. But some reasons, many people have misconceptions regarding HIV that are harmful and stigmatizing for people with that virus. Shaking hands, hugging, snuggling, sternutation, touching, unbroken skin, mistreatment an equivalent rest room, sharing towels, mouth to mouth revival or different variety of casual contact cannot transmit the virus.
There is no currently available cure for HIV and AIDS. However, there are some treatment that can help stop the progression of the condition and allow the people who Have HIV to live and relatively healthy life. If you experience some of the given symptoms, its better go to the nearest hospital and get a test. As far as treatment is concerned, it’s quick to deal with it as long as the pain does not get worse. And if you cannot avoid having sex with other people, let us maintain proper sanitary and use protection like condom to prevent spreading of infectious disease. And also, we should conduct a program in every school in our community to give them awareness regarding to this virus. We should not judge people who are experiencing HIV and AIDS right away because they do not like what they are currently experiencing. Rather, let us give them enough knowledge and attention so they do not feel different from everyone.

References: