HOLISTIC APPROACH: MORE THAN ONE-DIMENSIONAL LEARNING

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The world depends on the youth of today. As time passes, as new problems arise, the society demands for the youth who are capable of adapting to the changing environment and who are competent to lead the future generations. Therefore, being merely an academically-inclined learner isn’t enough to face the challenges of the present time. A child should reach his/her full potential by means of holistic development.

Keeping in line with Sarkar (2020), holistic development is the development of the abilities essential to survive and conquer the problems of everyday life. This includes the intellectual, mental, physical, emotional and social well-being of a child that should be given all the same importance in education. The traditional measure of intelligence is too limited. Seemingly, it confines the growth of the youth to the idea that there is only one field where everyone can and should excel: academics. The ever-changing world needs us to look at different angles, rather than merely focusing on the mental ability of the children. That is why Howard Gardner’s theory of multiple intelligences is accepted and assimilated in the new education system, to give room for the discovery of different intelligences of learners which is being promoted by the holistic approach in learning.

As educators, it is essential to realize that pupils learn in various methods, at different paces. Therefore, creating and utilizing a good strategy in teaching will be quite helpful for the development of different aspects of the children (Childers, 2017). Group activities during the mathematics subject, for example, will not only enhance their critical thinking, but will also teach them the value of teamwork which will further improve their social skills. In another case, during PE classes, one should not just learn the technicalities.
of a game and be able to perfect the exam, but first-hand experience and being physically involved will definitely give them a better understanding more than what they can learn from the books.

Learning isn’t one-dimensional. Educators should give learners the chance to excel in their own fields, to discover their strengths instead of trying to restrict them in the conventional way of learning. Holistic approach is what our education should utilize, not to confine what the children can do, but to teach them about the opportunities waiting outside the four walls of the classroom. Let us provide the youth with the best education and they will provide the limitless wisdom for the world.

References:

Childers, R. (2017). 6 Key Elements In Developing A Holistic Learning And Development Function. Retrieved on August 20, 2020 at 10:16 from https://trainingindustry.com/articles/professional-development/6-key-elements-in-developing-a-holistic-learning-and-development-function/?fbclid=IwAR06T0keIC3j9gKNeFgDrHM3k2RQCkLvvji4iVla7-pb3KYwupbfzgGeX4U