HOLISTIC EDUCATION

by:

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The education of every learner will serve as their foundation in life; that is why they need to acquire a holistic education to be well-developed and well-transformed in the different aspects of their totality as individuals.

Holistic education only pertains to a specific individual's academic pursuits and achievements, but it covers a variety of components to transform themself holistically.

In school, it is the mission of the teachers to lead the students to various learning areas for them to acquire all the competencies and skills that they owe to fill their minds which knowledge and intelligence.

Realistically, the academic progress of the learners is one of the aspects of their holistic education. Hence, the love for academic learning is expected to be achieved.

To attain the holistic development of every learner, the teacher has to consider the other aspects of holistic education. The learner has to be guided in achieving self-identity, meaning, and purpose in life. These greatly affects their emotion as well as his or her thinking. This also shows the person's outlook and perspective.

The teachers who are the models of morality should also teach the learners the moral and ethical values they need to gain. Though different societies have different morals, the students have to obtain and absorb those standards and ideal as contributory to holistic education.

Another very significant thing that students have to face is spiritual development. Teachers have to lead each learner in the acceptance of faith with God. Further, they
should help the learner strengthen their belief in Divine Being. Thus, with spiritual growth, part of the holistic education is obtained. Fused with this is that the learners may promote compassion and peace.

One specific component of holistic education is experiential learning. People learn much from experiences and actual scenarios. Doing things with people and in different environments contribute much to one's knowledge. With experiential learning, a person's actions and dispositions may be well-directed.

Another related notion in holistic education is giving importance to physical health, power, and energy. Teachers should teach the value of health and the importance of physical agility. Certain subject areas in school educate us on how we take care of ourselves, of our physical beings.

The social aspect of a person is also very important. Therefore, the school children should teach the schoolchildren the value of friendship, harmony, or camaraderie for a friendly person is more appealing.

Holistic education encompasses various aspects, and they are very significant to the well-being of every learner or individual. People should understand the benefits that holistic education may bring and how it will make the person feel complete.

Remember that schools and teachers have great contributions to one's holistic education.

References:

Holistic Education. https://www.k12academics.com/educational-philosophy/holistic-education