HOME ECONOMICS A LIFELONG CAREER

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Home Economics usually brings to mind skills that we can learn inside our home. However, home economics as a subject educate as much more. It helps women to enter into institutions of higher education and later into professions. When first introduced in the late 1800s, these subject helped girls prepare for life helping their families.

Home economics classes also taught us how to be healthy and properly hygiene. This classes became a platform for women to have an advance skills and studies that give way to teaching positions to pass on this knowledge. This resulted to positions in hospitals, hotels, restaurant and even government. Thus, what is usually thought of as a subject for married women actually prepared women for the real world and a better career.

Home economics covers three categories, First is family finance that upskill us how to spend finances properly, Second is nutrition and cooking that teach the latest research in nutrition and food safety and lastly is textiles that delve into both fashion and interior design.

Home Economics also play a big responsibility for nation because it upgrades the standard of life an individual and of a family. It also prepare housewives to do practical work.

While these three categories confine a great deal of what home economics instruct us, it really only scrape the surface. Some classes teach child care, family basic home repairs, interactions, and even community assistance that is substantial for life and a great
preparatory measure for many careers. In a humankind where most children lives with a working mother. It also mold a prepared individual that can meet the urging world.

References:

https://www.careerswales.com