HOMEWORK TIPS DURING PANDEMIC

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Nowadays, many children are cramming with their school activities that even their assignments become unnoticeable. The tendency is that they forgotten to do their assignment or even do it but the result was unfavorable. How it is now that they are only at home to do the task and assignment on their given modules.

These are the helpful tips among parents, children (even when they special children) and to teachers when doing their assignment especially during this pandemic that parents were the sole teacher of children at home:

Set Routine

Make sure that you set a daily time routine in doing the assignment of your child. If possible, make it a study habit of your child before playing or doing something else.

Learn to Prioritize

When it is assignment time, suggest ranking homework to help your child prioritize. Teach your child to check in with you every five minutes so you can make the adjustment on their passage and right the mistakes early, without forcing them.

Use a Timer

To finish assignments fast, it is recommended using a timer, a stopwatch perhaps. This timer has a red section that shows time passing and gives kids a visual idea of how much time they have left.
Know your Child ‘Intelligence’

Determine which kind of “intelligence” your child is by watching him while he is playing. What toys does he choose? Which activities he most liked at or into? If he is older, ask about a time when he was successful and how he stayed focused enough to succeed. Once you figure out how kids learn and what keeps them focused, you can adapt any homework assignment or project to make them more successful.

Make adjustments

If during homework time often times children get stuck in it, don’t agonize as much about the content of the assignment as what your child is supposed to do. Once you sense what skill your child is supposed to show, calibrate the assignment so your child can feel the easiness in doing it and meeting the objectives using her strong points.

Make it Multi-Sensory

Research shows that the more sensory input children receive, the better the chance the information will remain and stocked in the mind. Find audio-visual books, record textbook passages, or invest in a set of math manipulatives to help kids get more information into their brains.

Acknowledge the Behavior

Understand your child as a person is the ultimate key to knowing your child, including his disability, and set behavior expectations he can work on. It is unfair to expect that if your child works hard the disability will disappear and you can let him do on his own. But he can master little by little how to battle for his disability and succeed soon.

. Use Notes
The use of notes to track patterns of behavior and come up with ways to change them is a very common tool for teachers and SPED teachers as well. Parents should take notes on the behavior you want to eradicate or reduce and create a work plan on how to address and make the adjustment on their behavior.

Take Control

If tantrums of your child attack in public, breathe. When you hear your child beginning to get upset, listen, and take it as a sign to breathe. It is advisable to set clear, calm directions and elaborate on what will happen next. Be calm in all situations and showing this that you are in control of your child’s behavior.

Make a Choice

Try asking your child, “Would you like to drink in a tallow cup or red one?” Giving him two acceptable options to choose from, instead of open-ended questions, “What do you want? Make him at least have the independence to choose what better or fits on his taste.

Don’t Over-Invest

Treat your energy like money, you have to save it and pick your right battles. Then decide which behaviors are worth hundreds and which are worth thousands and you’ll deal with the behaviors that matter the most. Refuse to waste your energy on the things you should not be wasted.

Use Rewards instead of Punishment

Ensuring your punishments are very light and bearable. And, bring the clear punishment to a close with a debriefing so your child understands how to behave differently the next time and to correct on his own unlikely behavior. Make sure that the
rewards given are worth on what they do. Do not give rewards on bad behavior, you just making your child boastful and hard to handle in that way.

Wait Patiently

Instead of dealing with consequences when you’re bursting with anger, it is recommended to wait. There are scripts you can use to buy and pacify yourself. Gently whisper, "I am not feeling good now that I don't want to deal with this circumstance. Breathe, go to your room and meditate.

These were tricks coming from our teachers to keep children as yours move on the right track. These tips are useful, and it is a lifetime ready solution that will make your life easier, and your child more successful at school and at home. Happy teaching, dear parents!

References:

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