HOW ARE WE FAIRING OUT WITH PHYSICAL EDUCATION DURING PANDEMIC LOCKDOWN?

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In the onset of the global pandemic COVID-19, the world had to stop and hide in the comforts of the houses so as to avoid the wide spread of the virus. This resulted to closures of many societal sectors, including education. The pandemic has affected education is a drastic way. Students had to study on their own employing personal space as compared to the traditional style of public gathering in schools. This caused closure to numerous schools. Teaching and learning process was affected so much that sudden changes and interventions abruptly implemented are seemingly not enough to augment the thirst of the youth for knowledge.

One subject that bore a huge impact in education is the MAPEH. This involves personal assistance of teachers to students so that they are able to perform the tasks well either in sports, arts and crafts or dance. MAPEH heavily depends on physical contact hence Physical Education is pegged on the physical presence of a teacher to the students whom the students are able to get direct instructions and guidance to hone their talents and skills. Though the Department of Education planned interventions through the Learning Continuity Plan, subjects like MAPEH and TLE need more support. Printed or digitized modules are not enough to suffice the needed instructional support of the students specially in performing complicated tasks. Teachers may opt to teach online and be able to show students how tasks are to be executed yet not all are capable of accessing the internet due to financial factors.

So, what now? Are we just to brush it off and shrug our shoulders? The definite answer is No! As teachers, we are capable of implementing innovative means and ways of instructing our students. There are many ways other than printed or digitized modules
and online classes that the teacher can resort to. All we need is that spark of creativity and passion for education. Teacher will be required to walk the extra mile for this, in some cases take the risks just to be able to teach the students. And these are what it takes to be a good teacher. Teachers don’t simply go along with the rest if he or she knows that the direction is not headed towards the goals he or she has set for the students. They might take unorthodox ways and they are allowed to in accordance to academic freedom as long as they are able to achieve the fundamental goal of nurturing the young minds and bodies of the students. There are those who have done it, surely there are still many who can do even better.

References:


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