Due to the fact that people live in an informed world where everything is updated, the internet has become one of the necessities of human beings in today's society, regardless of age or gender. The impact of this handy machine on adolescents, on the other hand, is definitely dubious. All of these technologies are quite effective in distracting people. As a result of this evolution, online gaming was developed to provide individuals with entertainment.

It is no question that playing online games provide entertainment that no other activity can do. In fact, according to some researchers playing online games are actually beneficial because it enables the mind of the players to be more active. It also helps them to make good decision in difficult situations, be alert and strategic.

Students' learning happens at unexpected times, yet excessive use of online gaming can result in issues such as being distracted in their blended learning. Moreover, it is when the learners attention is divided that their health and social lives are undeniably impacted. Several psychological studies have discovered that spending more time on the Internet has a negative impact on a person's capacity to communicate effectively face-to-face with friends, peers, and family members, including parents.

While it is convenient for students to use electronic gadgets for their online classes, it is also a chance for them to be clinched to different online games and activities. Parents should oversee and regulate the time their children online because there maybe benefits
but fact cannot be denied that there are also downsides to playing online games. Whether for good or for ill, we can all agree that online games have played a significant influence in molding people's personalities and social abilities in the digital age.

Reference: