HOW TO BE YOUR BEST IN SCIENCE

by:

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Giving your best shot in Science and outshining others in class depend on the study habits that you develop within you. Effective study habits will boost your neurons to transmit and to process information better. Here are some of the tips on how to have an effective study habit to be able to show your Einstein side.

1. **Be systematic.** As a junior student, having seven to eight subjects a day will make you confused and make things slip through cracks. The best tool to avoid these stuff is to secure yourself a planner. A planner can help you keep everything systematic.

2. **Secure a good study area.** Learning would not be effective if the atmosphere is not friendly in achieving the goal to be a good scientist. Creating a good learning environment will help you a lot to absorb everything in your mind. Well ventilated, away from unnecessary noise, and well lighted are some of the qualities of a good study area.

3. **Develop a study plan.** Knowing the things needed to do on its exact date will help you decide what to accomplish first. A wall calendar will make your life easier by writing down when a test will take place, the coverage...
of the exam, when a recitation will be held and the likes. In this manner, you’ll be able to develop study plan.

4. **Practice active listening.** It’s crucial to concentrate and avoid distraction whenever the teacher explains a concept. Making unnecessary noise like talking to your seatmate and thinking other things to do while a teacher explains something is a big NO. If a teacher says “Always remember this” there’s a big chance that you’ll see that on a test.

5. **Read actively.** You must know how to skim an assigned chapter to read. Practice active reading by noting the main idea and look for unfamiliar concept and put emphasis on it. Make an outline using your own words to easily grasp the idea.

6. **Believe in yourself.** If you know yourself and understand what your abilities are you will then realize all your possibilities and gain confidence in yourself.

References:
