HOW TO BECOME ATTENTIVE LEARNERS IN CLASS

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As teachers reflected about the lessons they taught in a day, they felt bad and they took the class on a hike in the wilderness. Thus, teachers can sometimes get separated from learners during lessons and learners sometimes lose interest or become distracted.

How can teachers help the learners remain attentive? Sadly, there is no answer to this question. However, there are things that we can do to help our learners be attentive in class. We can tell if our learners are getting separated by observing and listening. Teachers can also notice that learners are more restless, not reading along with others, and talking to each other about things that do not relate to the lesson. But teachers are reminded to be careful when interpreting learners’ attentiveness or inattentiveness.

Here are some suggestions for teachers to help the learners be attentive. Make the material relevant is the first suggestion. Teachers should see to it that the materials are relevant to their learners so that they will most likely become attentive. Vary teaching voice is the second suggestion. Teachers use voice that can influence the attention level of learners they are teaching. The next suggestion is to maintain eye contact. When teachers maintain eye to eye with the learners, their attention is focused on those they teach not on the lesson materials. Teachers help the learners to become interested in what their teachers have to say. Another suggestion is to use movement. Teacher’s use of appropriate hand and body movements can help emphasize a lesson point. Their move has to be in a natural way and consistent with their personality. Additional suggestion is to vary the pace of lesson. If the lessons move too quickly, learners become confused. Likewise, if teachers cover the material too slowly, learners can lose their interest. Lastly
but not certainly the least, use a variety of teaching methods. These can help our teachers vary the pace of the lesson, focus learners’ attention and recapture their attention.

References: