HOW TO DEVELOP GOOD STUDY HABITS

by:
Charito M. Castañeda
Master Teacher I, Jose C. Payumo Jr. Memorial High School

Study habits are acts of preparing for the test in order to pass the exam. The importance of good study habits will help the students to understand the lesson while enjoying it and also, it’s a comfortable way of studying and improving the learning experience of the students because they can develop a proper way of studying where it becomes easier for the students. To develop good study habits the students should consider this;

Make time - the students should have a proper schedule when they want to study at least 5 hours a day to develop their self-discipline.

Taking note - helps the students to remember the lesson and it can be a pointer for the assessment after identifying the key ideas.

Encouraging yourself- the student needs to know how to motivate themselves to increase their confidence and make more efforts for studying.

Avoid memorizing- the lesson should be understanding not memorize because memorization can't last longer it take few minutes then you forget about it however much better if the student understands the lesson.

Good study habits develop students’ performance and it helps to complete their assignment and assessments of students and to be successful but more importantly to achieve their goals the students should pay attention in class.

References:
learning good study habits. In https://england.edu/other-resources/learning-good-study-habits/