HOW TO DEVELOP THE SELF-ESTEEM OF YOUR PUPILS

by:
Eric V. Eugenio
Teacher III, Orani North Elementary School, Orani, Bataan

A child who has no self-esteem may find himself or herself inferior. He or she has no confidence to face the people and the world. The good thing is there is a teacher who is willing to boost his or her morale to develop self-esteem.

In developing the self-esteem of the pupils, the subsequent things must prevail:

Acceptance. This is the basic thing to do. The teacher makes the pupils feel that they are accepted for who they are and what they are. This is showing that all of them are important in the class. In this way their self-esteem is established.

Sense of Responsibility. The teacher leads the child to be responsible in the many ways. The teacher has to trust the child and give him or her responsibility to perform in the class. This will help the child develop self-esteem.

Sense of Ownership. The teacher lets the children to claim their own achievement and to do things independently. If the child is given the chance to attain things on his or her own and to claim for his or her accomplishment then self-esteem is created within the child.

Self-Discipline. The child has to learn on how to follow the rules and to behave in accordance with a set of norms. If the child sees that he or she is in conformity with the standards of the school then he or she would feel confident.

Self-Advocacy. Let the child stand for a great cause. Let him or her believe on the kind of advocacy that he or she thinks is the best to pursue. A person with great advocacy has self-esteem.
Positive Feedback. Give the child positive feedback whenever he or she does something good. The child that is given positive suggestions may grow confidently.

Encouragement. The teacher has to encourage the pupils to go on with their dreams and passions in life. The encouragement will lead him or her to develop self-esteem.

Resiliency. Train the children to be string in facing problems, in correcting mistakes and overcoming with failures. A resilient child who is strong enough to face the world has self-esteem.

The given factors are significant for the child to develop self-esteem in the school and even in the external world.

References: