How to Manage Aggressive Behavior

by

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Having an aggressive student in the classroom is absolutely a demand that needs a wise respond. Aggression in students can appear in many forms. Usually, in the secondary level, some are bully. They even hurt other students. This is not a new problem; teachers have been dealing with their children's aggressive behavior for centuries. Managing aggressive behavior is possible. It might take a bit of patience, but it is doable if a number of basic suggestions are conducted.

As generated from other teachers’ advices and my personal experiences, the following are hereby suggested:

1. Respond to the problem immediately. Do not wait to deal with the situation.

2. Remain calm. Respond to the aggressive behavior in a calm manner. Responding to the situation in a frantic tone of voice will only exacerbate the situation. Speak with a calm tone of voice, and do not shout at the student.

3. Ask the student specifically why he is acting out. Have the student communicate to you in words what the problem is, and why he is responding the way he is.

4. Be consistent in your discipline. Respond to the aggressive behavior in the same manner every time -- responding to the behavior differently each time it occurs can confuse the students. If you respond in a certain manner one time and in a different manner the next, the students may think it's acceptable to act out sometimes.

5. Praise the learner when he acts in an acceptable manner. Dealing with an aggressive behavior doesn't always have to be a negative experience. Let the student know when he has done something right.

The last option would be meeting up with the guardian or with the guidance counselor if the student continues his aggressiveness.