Companies usually hold teambuilding to strengthen the relationship and to build harmonious connection among employees. It is a process of making individuals into employees who are collaborating in a unified team. Teambuilding is perceived to build solid bonds among the member of the company or organization. The activities in a teambuilding aim to address the differences among the employees and to respect each other.

Most team building may include the everyday dealings of the employees when they are working and carrying out their duties at work. It may also comprise organized activities and programs that can be led by the leaders of each group. Usually teambuilding is done outdoors and with budget for foods and drinks. However, because of the Covid-19 crisis, the implementation of team building is at question right now. Is it still possible for the companies to hold teambuilding amidst the current health issues?

Yes, the traditional way of holding a team building can be adjusted to the way it does not oppose the health protocols for the safety of the employees. There several suggested ideas on how to hold teambuilding, first, it can be done through virtual meeting. Virtual meeting is a good way to ensure the safety of the employees and there is no way to get infected because all employees are attending the meeting at the comfort of their houses. Second, zumba activities via online is also a great way to connect to the employees. Third, go outdoors, however this idea may be depending on the number of cases in the area. Many employees are already exhausted with virtual meetings therefore getting outside may be a little breather for them but it must be done in a small group and still observe safety health protocols. Lastly, the company or agency may give a contest
which will promote healthy competition among employees. It may boost the interests and morals of the members of the organization.

References:
