IMPACT OF EXTRA-CURRICULAR ACTIVITIES

by:

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Extra-curricular activities are those which are not related to schools academic program but are important for the holistic development of the pupils. It is the way of the Dep-Ed to motivate and encourage pupils to pursue their skills and enhance their talents.

These activities allow the pupils not only to train and nurture the skills they currently have, but also to unearth undiscovered talents and stir up new interests. After all the trainings the pupils not only intellectually brilliant but also humanistic and well rounded as well.

Life outside the classroom offers different activities to be enhanced by the student’s intellectual knowledge to be applied in their future experiences. This enable the pupils to perform better in his/her personal life.

The pupils who are involve in extra-curricular activities are not only benefited in their extra-curricular grades but also their younger minds mold it properly. Outside the classroom activities also known as extra-curricular activities provide an opportunity for learning that is not available during the regular school hours. These activities include but not limited to sport events, field trips, socials clubbing and others. The learners actively construct their knowledge and develop their own skills when participating in extra-curricular activities.

Lastly, extra-curricular activities may also develop and practice artistic and psychomotor talents and future career and occupational skills. Successful performance in school will be a potential success of work. Involvement in extra-curricular activities provides a healthy balance between school work and leisure time. As the saying goes, “All work and no play makes John a dull boy.”
References:
