IMPORTANCE OF DENGUE AWARENESS

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We all understand about certain illnesses. Like how harmful they are when someone gets sick like our friends, relatives, and most especially family members. But that’s all we know, and not its entire history like the number of deaths caused by it, etc. Therefore, the need of awareness on health issues should be given enough attention and importance in order for us to cope up in times of sickness. Disease may occur anytime and anywhere and example of these is dengue which is indeed timely nowadays.

Dengue -- a mosquito-borne viral disease that is transmitted by female mosquitoes called Aedes aegypti which also transmits chikungunya, yellow fever and Zika infection. These mosquitoes usually live in urban places where there is stagnant water such as wheels, canals, and squatter areas. Meaning, places with local variations in risk inclined by precipitation, temperature and fast urbanization are those that are prone to dengue.

Philippines is just one best example of the places that is more exposed to dengue. On Tuesday, August 6, the Department of Health (DOH) proclaimed a domestic dengue epidemic as mosquito-borne disease instances in the nation continued to increase. According to DOH, from among the 146,062 cases of dengue last January to July, 622 died and this is truly alarming because we cannot deny the fact that school is one of the settings that can be possible prone to dengue.

All of us should aim for a clean and conducive environment where everyone can leave peacefully and away from any form of harm like dengue. Example of the steps that we can do is to keep every water container secured and close so mosquitoes won’t be able to live there, put a screen that will cover the doors and windows, and spray insecticides
to eradicate these insects. This is just an indication that all of us must be aware of what dengue can do most especially the students who are obviously enjoying the school setting.

Reference:


who.int/news-room/fact-sheets/detail/dengue-and-severe-dengue