IMPORTANCE OF NURTURING THE EMOTIONAL INTELLIGENCE OF THE CHILD

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Emotional intelligence is the ability to understand, regulate and utilize one’s feelings or emotions. It is the potential to adjust to people, situations or events as to handle oneself and maintain calmness and composure. It is the intelligent application of emotions in facing different conditions in life and in facing diverse people. Thus, it is leading to acceptance and eventually to emotional management and maturity.

The teacher is one ideal person who could nurture the emotional intelligence of the child. In doing this, a teacher should make the possible ways in nurturing the child’s emotional intelligence. Furthermore, the reasons for nurturing the emotional intelligence are given.

The child whose emotional intelligence is being nurtured may develop sound judgment. It teaches the kid to handle stress and does not panic in upsetting situations. It instructs the child to decide on what to do when in different locations and in considering people. Thus, child becomes prudent in decision-making.

Emotional intelligence is also helpful in the academic pursuit of the child. The performance of the child becomes better if he or she is emotionally intelligent. The learner who feels confidence and security has the tendency to perform better or even be excellent.
The child who has developed emotional intelligence has great compassion for others. Understanding the strengths and weaknesses of peers is achieved if someone is emotionally intelligent. The emotionally intelligent child, therefore, is compassionate.

Nurturing emotional intelligence is also establishing patience to the child as in handling activities and in facing adversities. The emotionally intelligent kid is willing to wait and positively considers delays due to unexpected problem.

The school is obligated to cultivate the emotional intelligence of the child for it will make him or her to be a better person.

References:

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