IMPORTANCE OF SCHOOL-BASED FEEDING PROGRAM

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The child with empty stomach cannot focus in his/her studies. Paying attention to his/her food nourishment is essential. That is why the Department of Education (DepEd) launched a school-based feeding program to answer the need of each child.

The Department of Education's (DepEd) School-Based Feeding Program (SBFP) is a "well-managed" program according to a study recently released by state think-tank Philippine Institute for Development Studies (PIDS).

The child’s nourishment is the foremost aim of the school-based feeding program. The nutritious meals that the school prepares and offers to the wasted and severely wasted pupils are contributing to their good nutrition and sustenance.

The school-feeding program also promotes good health. In connection with bodily concern, this program obviously helps the children attain good health. It reinforces the parents to produce healthy children.

It is also helpful in the child’s performance in the class. The healthy child performs well in the class whether in oral or written performance. He or she does better in classroom interactions and activities.

This program is also instrumental in making the child active and alert. The nutritious foods being served in the school-based feeding program makes the children move actively and energetically.
The school-based reading program may boost the child’s academic achievement. The child who eats well thinks well and does better in academics. The nutrients coming from healthy foods are assisting in the child’s education.

The school-based feeding program is one of the heroic interventions of the Department of Education (DepEd) that helps in the education and nourishment of the learners.

The Filipino children most especially in public schools are very lucky to have the school-based feeding program to assist in their education.

Giving through feeding is indeed a good deed. “We can make a living for what we get, but we can make a life for what we give”

References: