INVEST IN YOUR MIND

by:
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Our body organs are working nonstop 24/7, even we're at rest they still do their functions. Heart never stop pumping, kidneys still filtering, colons do absorbing, and behind the brain is a mind who keeps on thinking. Our mind is a part of the invisible transcendent world of thoughts, feelings, attitude, belief and imagination.

As what others say even they were asleep their minds were still running. There are times that as they woke up in the morning their flesh are still tired due to over thinking that is done by the mind.

When we are younger, during our childhood we are innocent and ignorant of the world. We doesn't know a lot of why's, how's and what if's. But as we grow older we are adjusting to our environment, adopting the culture, language and values. A child's mind is like a blank slate wherein we have to fill in with information, emotions and learning to have an awareness of what is happening around us.

How much time during the day or week had you spend investing? Have you tried to invest in your mind at your age? Are you hesitant of capitalizing? Why is there a need to invest time to feed our minds?

In terms of investment, a lot of people were not that open and transparent may be for the reason they were thinking that their venture won't grow and succeed, but why don't we give it a try? A little time won't be wasted if we’re going to start our investment. Feeding our minds is not just an investment but more so it was an insurance that we won't be fooled by anyone.
Upon deciding that we are now ready to have an investment through our minds, the question will be, how are we going to feed our minds? Great books are like prepackaged boxes of ideas so try reading as much time you are free in order to add up the information to your current knowledge. You can also try writing a blog post and ask feedbacks about your work, in such way you can improve your skill. Do not let a day passed without learning something, in times books and Google is not available we can reach out to an influencer, we can talk to them and let them serve as our bank of data. Try to brainstorm ideas, 'cause in sharing of thoughts knowledge multiplies.

As we go along with investing and devoting time to read, write and practice what would be the return of our investment? What will we gained from it? Investing in knowledge and skills allows you to be more versatile, competent and interesting person. In this way you are building a personal brand, making yourself standout among the crowd.

Reference:

https://indianexpress/education-investment/