LAC SESSION... A MUST

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An important part of a teacher’s life, Learning Action Cell or LAC Session is being observed and implemented in schools. A group of teachers are being engaged in a worthwhile activity for a specific purpose.

Learning Action Cell, also known as LAC session has notable benefits to us teachers as professionals such as;

- It is for learning new things, ideas, strategies and innovations. Through the regular LAC session being conducted in the school, the teachers are to meet new knowledge, information and skills which are all applicable in teaching and in handling the learners.

- It is for the professional development and growth of teachers. Teachers are able to improve and enhance themselves professionally in terms of teaching and in the way they manage themselves in facing the challenges in the field of education.

- It is for the collaboration of ideas and giving insights. It is a platform where the teachers are able to share ideas and express their thoughts on different topics, concerns and issues in order to resolve problems and find solutions.

- It is also used for open communication among teachers. LAC session provides an ample time for teachers to communicate and open their suggestions for the sake of the learners and of the school as well.

- It is also utilized in establishing harmony among peers. The times being spent together during LAC session may be instrumental in building camaraderie and rapport with each other, thus harmony is established.
It is also useful in training teachers to be good listeners and participants. Through LAC session, the patience and endurance of teachers are being trained. Because of these traits, the teachers become good listeners and good participants.

It is also helpful in honing new speakers and promising leaders. There are several times when teachers are given the chance to be facilitators and resource speakers in LAC sessions. With their experiences, they are being honed to become good speakers and capable leaders.

Learning Action Cell (LAC) is beneficial to teachers and helps teachers in several ways. So, it is a must to have it in the school.

References:
https://www.teacherph.com/deped-learning-action-cell/