LEARNING AMIDST PANDEMIC

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The year 2020 is the year of uncertainties, worries, anxieties, restrictions, challenges, experiments, plans, hopes, caring for one another, and fervent prayers. We are caught unarmed. We are clueless. In spite all these, learning is an inevitable aspect that an individual must obtain to surpass the obstacles.

Toxicity in news and updates in social media arises yet we learn to detoxify by simply taking what’s good and not. Getting all valid information from the authorized sources and spreading the good news are observed. This is to learn that not all posted in the internet are essential.

Learning to accept the trials that may eradicate negative vibes. This can help to paved everything that blocked positivity. It opens new ports of what can help to improve our personal beings. There are reminders on how to fight the pandemic anxiety by improving healthy body and thoughts even at home. Healthy food tips and exercise provide and environment to move positively forward. New habits such as planting or collecting varieties of plants that can relax the mind and the spirit. Some learned how to experiment on improving their discoveries. Amazingly, some gained friends to their new found habits even online.

Restrictions connected friends, relatives especially families. Those who are not technically inclined to computers and gadgets are able to learn. They have now enough time to greet each other. There is also constant communication in between just to know that each family is in good condition. Family members who are busy for work and personal stuff have now had a chance to bond with their children and parents.
Everyone learns to care. The community, private agencies and government officials helped each other by bringing assistance to our front liners and poor fellow Filipinos. Prayers and words of encouragement can be heard or seen posted in social media.

The government aims to create and experiment. Learning ways on how to fight the virus is all what we can do. We must have plans, follow the rules and be vigilant.

This is what education taught us. Be strong and think of possibilities. Do not wander on adverse situation that may affect our health and mind. Stress can build up and destroy our immunity. Do not lure on to destruction and panic. Teachers have the capacity to passed it on to learners. We can be a beacon of hope and encouragement. This is what learning advocates does.

We should not stay in a place where there is heavy ambiance. We do not stop on learning. We develop and improve. No one must say that “I am just the way I am.” We must learn.

The new normal taught us to accept challenges and change. Changing is learning. A person who is trying to learn achieves greatness.

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