LEARNING STYLES OF STUDENTS SHOULD NOT BE NEGLECTED BY TEACHERS

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Tenedero (2008) stressed that like fingerprints, no two individuals are exactly the same or possess the same learning style. People prefer to use different sensory modalities when they process information and demonstrate a distinct ability for remembering complex information better or less well by hearing, seeing or experiencing or mastering it through hands-on learning.

But what exactly is learning style? It is the way people begin to concentrate on, approach, synthesize, and recall new and difficult academic information. It is comprised of both biological and developmental traits that make the same environments and resources effective for some people and ineffective for others. Tenedero recommended six ways to capitalize on one’s Learning Style:

1. Recognize that each person is uniquely different, has different strengths, and learns different. Research suggests that you are most effective when you use your strengths. However, without taking stock of our own learning style, many of us try to produce through our weaknesses.

2. Identify your own learning style. Use a reliable and valid standardized instrument

3. Once you know your style, use it to teach yourself anything that seems difficult or challenging.
4. Resolve whether you are a gradual problem-solving processor or global learner who needs to see the essence before you can concentrate on details.

5. Arrange or re-arrange your environment to take advantage of your own learning style strengths.

6. Forget about the age old wisdom, “What you don’t know won’t hurt you”. Why you don’t know about your own learning style strengths can hurt you.

Now that teachers have seen even minimal explanation about learning styles you can constitute a new insights and paradigm shift for teaching for the academic performance of students.

References:
Tenedero, H. Mindful Ideas. Center For Learning And Teaching Styles, Phils., Inc. Manila. 20