LOOKING INTO THE BRIGHT SIDE OF PANDEMIC

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A year-long lock down has brought both good and bad effects to each and every one of us. Until now many are suffering from unemployment, distant from their families because of lockdown and health protocols, away from their loved ones while many are hospitalized because of COVID19 and the others with mild cases are in quarantine facilities. Mental health of every worker is also affected by this present condition, stress and depression due to unemployment and being away from their families. Reports of increased mental depression became alarming. Bus drivers/conductors are asking for alms for their food. Mass lay off and even shutting down of factories and companies. Vendors are not allowed to sell on streets and sidewalks. Those depressing situations make one worried. Doesn’t the pandemic do something good for us people?
Looking into the bright side of the darkness of Pandemic, there are advantages of being locked down.

Let us cite them one by one.

1. Closer family ties. Being all together inside their houses, the family has the chance to talk about everything. They can talk about even the smallest detail about their problems and plans in the future.

2. Quality time for their children. Many parents are working. They cannot afford to teach their children in their assignments. They cannot even play with them because of their work. Because of Work from Home arrangements of most offices the parents have time to attend to the needs of their children.
3. Bonding moments became possible. It is not only during weekends when the family members bond with each other. Most of their time spent with everyone in the family. They can eat, cook, garden, wash clothes and dishes, clean the house together.

4. Renewed relationships. For the couples who are thinking of separation, they have much time to talk about their sentiments. Not only with the couples but also to the siblings who are always arguing with different ideas.

5. Became volunteers. Many students engaged in civic works. They volunteer in their barangays and help in packing of goods, distribution of it and also helped in information dissemination about COVID-19.

6. Heroes spotted. Front liners are the modern heroes. They served even if they are at risk every day. Many have lost their lives but those who were left alive continue to serve to the best they can.

If we just look into the bright side of life, we can survive the pandemic and we can extend our hands to the needy. So be positive!

References: