Boosting students to speak in an English class is somehow hard especially if the students have low self-esteem and if they have language concerns. It is difficult for English teachers to make them speak the language the way they want it to but it is not impossible to encourage them to at least try communicating using English.

Speaking is the act of passing on information and the capacity to direct one's ideas, views, and outlooks through articulated dialect. It is one of the language macro-skills together with reading, writing, listening, and viewing. Since English is our second language there are lots of hindrances in using it for communication. When a person is starting to learn English, nothing was alarming than trying to connect to an expert speaker, nothing more rewarding when he or she is comprehended, and nothing as depressing as being encountered with an outright gaze.

Implementing an English-speaking class demands suitable use of materials, appropriate class guidelines that would persuade them to follow. These are essential to help the learners to speak the language. The application of these materials should be done open-mindedly. Efficient policies and tactics in the instruction of speaking are also important in a language class. These policies and tactics must answer the desires of the pupils and stimulate their attention to the topics of discussions.

Based on the experience of English teachers, they see that pupils forget what to say and paused into complete silence just because of anxiety once they use the English language. We are indeed grammar conscious. We are ashamed to make mistakes.
Teachers must find more encouraging means to make the learners talk in English. They should make it a point that the students will have a positive attitude toward English. Let the student develop a mindset that speaking English is not difficult. Teachers may have a simple conversation at first matched with an inviting smile for more encouragement. Make the class scenario a comfort zone for everyone. Slowly, make English a part of daily routine and sustain the spark of interest you have started.

References:

https://www.learngrammar.net/a/all-about-speaking