MANAGING CHANGE

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Change is an evitable part of life. It happens whether were ready or not. Change is constant. Our situation today is not forever, it will not stay for long time. Change is not easy.

Our world today is a product of change. We are now in global environment because of change. It is the same in educational institutions, change is indeed important to improve the kind of system and quality of education we had today. The K to 12 Program is a product of change.

Change is essential to any institution for them to survive. They must cope with these changes for them to achieved their goal. We need to manage these changes as part of process and long run.

Change is a good thing. It means learning, growing and perhaps achieving something we never thought possible. You may not want change because it will lead you to discomfort and you do not want to come out from your comfort zone. If change is good, there is nothing wrong.

Since change is beyond our control, we should equip ourselves with some strategies to manage change effectively
Manage your perception about change. It looks different to everyone. Some accept it positively but most in negative way. The way you perceive change in your life has a great effect. As a teacher, we should instill in our mind that change is brought out for improvement and better results. Erase the perception that change will only make our life and work harder and complicated. Yes, it’s true it is not easy to accept change but the only way to accept change is to be an open-minded. Change your point of view about change.

Learn to embrace change. “Go with the flow”. Do not feel reluctant to change. Push ourselves to come out from our comfort zone. We have to face the change. Never complain, especially if you do not want the change being implemented. You should have patience for you to adapted to the new change. The secret is to welcome the change, instead of being rigid towards it. Never resist to any change in your workplace. Learn to adjust than to be left alone by your co-teachers.

You should be optimistic. Change is needed to attain the goals of any organizations. If the plans and strategies or techniques are not effective, then change is needed. Start to see things from more positive light. Be proactive rather than reactive, motivated rather than discouraged or confident rather than anxious.

As part of educational system, we should not close our door to any change implemented by our organization. Learn to manage change for the attainment of common goal, “quality education”. As Socrates stated, “The secret of change is to focus all of your energy not fighting the old, but on building the new”. Let us let go our old practices, beliefs, or ideas. Let us dance the wind and hug change for improvement and progress.
References:
