MAPEH IN THE NEW NORMAL

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These days, the country is facing a really hard fight in a sordid battleground against pandemic. With that, everyone is advised to take precautionary measures like keeping their social distance, wearing facemasks, and disinfecting through washing of hands and use of alcohol. It is hard to fight without seeing how the enemy might slowly take the life out of anyone. Nonetheless, it is harder to sacrifice other vital fragments of the country by playing dead through the situation.

Education is one of the vital areas that needs not to stop. It requires growth to produce more competent Filipinos that enriches economic status and service standards. On the other hand, education system is more affected due to the rise of this pandemic, most especially the MAPEH (Music, Arts, Physical Education, and Health) subjects.

MAPEH is an interactive subject that involves physical contact in some ways (refers to the area of physical education). Though educators thought of ways on how to teach different subjects with their students, greater challenge is left with MAPEH teachers. Aside from the difficulty with the conduct of activities that involves physical contact like demonstrations of dance steps (tango, cha-cha), they have to assure that they are teaching the topics and lessons outlined by the Department of Education (DepEd).

Nevertheless, no matter how challenging the situation is for everyone, educators will never let education fall off the battle pit.

To continuously deliver quality and competent education in the new normal, education advocates along with MAPEH teachers discussed the guidelines for physical education thru series of online webinars. All the lessons projected in the curriculum will
all be delivered while considering the guidelines released by the Department of Health (DOH) as pandemic is considered. According to Richie Reyes, MAPEH teacher at Abellana National High School-Central Visayas, from a news article released by the Philippine Star, “It’s still part of the curriculum and I think that what will change only is the method of teaching and how you adjust to keep social distancing.”

Reyes showed how resourceful and adaptable MAPEH teachers are by saying in the same article that there are a lot of teaching styles of a teacher. According to him, teachers of P.E are versatile. He has seen the importance of Physical education by saying that it must be included in the curriculum. It is in order for the students and teachers to keep fit and healthy.

With all that, education does not have to suffer in time of the new normal. Instead, this calls for all educators to shift their teaching pedagogy and competently deliver service for all students’ growth and improvement.

References: