MAPEH TEACHING AND THE PANDEMIC

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COVID-19 pandemic made teaching a challenge-filled experience not only in terms of the use of technology but in various ways - emotional and psychological.

A lot of people were stressed out and made efforts beyond their capacity. The Department of Education paved the way towards training and webinars to develop and unleash potentials. However, questions remain: What is the condition of a MAPEH teacher in teaching during the pandemic? What interventions done to supplement the learning?

As one could see, Music, Arts, Physical Education, and Health are more practical subjects. It means that the subject must be practiced and worked on. This is not a subject that is learned by reading alone.

Imagine a beautifully written musical composition by Beethoven or Liszt with an orchestra without an instrument? Music is active. Or imagine an artist with paint and all staring at the heavens alone? Artistry must be painted or drawn. Or imagine how to dance without moving at all, where everything happens inside one’s mind? That will be nonsense: P.E. must be physical. But because of the pandemic, these psychomotor dimensions seem to be neglected for a while. The challenge is how will teachers teach the subject in terms of psychomotor dimensions at all? Is everything well be theoretical? Will they ever learn the skill?

A MAPEH teacher may conclude on many things about active participation. The potentiality of any learners must not cease because there is a pandemic? Imagine if the
pandemic continues for ten years: what will happen to the undeveloped skills in Music, arts, physical education, and health? The progeny of humanity will be lost vitality. Thus, there will be fewer musicians, artists, sportsmen, and health workers in the future. This may be the worst case scenario but teachers must not forget the idea that, in nature, when something is not used, it will disintegrate.

However, to work on these matters, a MAPEH teacher develops a way to at least manage the situation. First, the use of technology motivates the student to read more and more about the subject. Other schools create tutorial methods for playing guitars and violins or flute.

Some teachers use a demonstration-like method to teach health subjects and also using visuals and presentations through ebooks. And others use other materials to communicate supposedly hands-on exercises.

References:


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