MATH ANXIETY, CHALLENGE FOR SOME STUDENTS
CHELSEA MAE B. BROFAR

Mathematics anxiety has been defined by Tobias, S (2013) as feelings of tension and anxiety that interfere with the manipulation of numbers and the solving of mathematical problems in a wide variety of ordinary life and academic situations. Math anxiety can cause one to forget and lose one’s self – confidence. A man’s ability to do math is an issue that many of us are talking about. A lot of children experience some problems when it comes to mathematics such as solving math problems, mathematics situation, and many more. In connection to this are causes and effects that students are having. There is a must in resolving this kind of phenomena.

A child’s first time to encounter math in their young age, for me is one of the most important part of their life. When they thought simple math was hard as fixing the past, it would be much harder to survive challenges in the future. Lack in parental guidance is also one reason why fear hits students when experiencing analytical problems. In school, the teachers’ way of instructing their learners can affect the impression of their trainee when it comes to mathematics. If a teacher shows apathy to his/her students when teaching math, it may go as well to them. Your child’s bright future is affected because of their agitation in numerical situations, knowing them as scaredy cats. Some students become afraid when math strikes their path. Their insights about learning math changes because of what they notice every day, their confidence when encountering math will decrease. Making them weak and fight less against this problem.

Benefits of knowing how to solve even the simple math situation will be a big help to us people in achieving our goals in life, parents should show their children how numbers are successfully used by them in pleasant ways, such as in cooking, sewing, sports, problem solving, in hobbies and home repairs. By means of this, their growing sons and daughters will never be afraid when math problems went in their lives. The teacher as well, must give their best and show that math is just as easy as playing cards that they just have to think properly to win their lives, since this is why God created them. For the students, they should display that even how hard math is, there still an evident shown that they are interested to it. Having a positive mind would help them remove anxiety to their beliefs about mathematics.
In conclusion, math anxiety is very real and occurs among thousands of people. Parents should start teaching their children the very best way to learn mathematics while they’re still young. It can make their children more likely to encounter math easily. Today, the needs of society require a greater need for mathematics. Teacher must find easy learning strategies for their students to learn math comprehensively. Lessons must be presented in a variety of ways. In result to this our society will be help as well. Make it more fun and enjoyable to learn so it could remain to them throughout their lives. Let’s give chance for those who are inspiring to be mathematicians someday.

REFERENCE