MEASURES TO BE TAKEN TO AVOID ADOLESCENT PREGNANCY

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Pregnancy among teenagers has become a new trend in the Philippine educational system. The increase in rate of young females becoming young parent is truly alarming. Administrator, teachers, and parents together with the Department of Education must do something to end teenage pregnancy. Parents who have a powerful connection to their children must educate their children about sex, pregnancy and how it may affect their lives. Let them realize the consequences of early marriage and pregnancy, how it will end their dreams and how will they support the baby. They have to talk to their children especially the female teenagers because they will face more sacrifices than males. Pregnant students may miss school and there is a great possibility that she will never graduate from school. Without proper education, the young mother may have a hard time in finding a job. No work means no money and no money means hard life.

Teenagers who are sexually active which cannot be avoided as it is a human nature, may communicate with their family about birth control pills or any form of birth control. Being sexually active is hormonal and ignited by the videos that can be watched through internet. Therefore, the only possible solution to the problem is educating the students about birth control.

Teachers may conduct symposium about sex and pregnancy, this way students may recognize the implications that early pregnancy may do to their lives. Another option that teachers or school may take to control teenage pregnancy is establishing school clinic that will advise the students about related services such as birth control and the prevention of having sexually transmitted diseases.
Parents and teachers may work hand in hand in protecting the students from early marriage and pregnancy because these may ruin their young lives. The Department of Education may conduct studies or survey about the prevention of early pregnancy, this will help students from having children and heavy responsibility.

References: