MENTAL ABUSE TO HUMAN- NO MORE M.A.T.H.

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“Ang hirap naman ng MATH”, said by the little girl in a TV commercial of milk, the same word was said by my daughter one time while doing her homework, she is complaining about how difficult Mathematics is. She even told me that probably MATH is an acronym for “Mental Abuse To Human.” Upon hearing this, an old familiar scene flashed before me. 34 years ago the same scenario happened, I feel sick, nauseated and about to vomit every time I was inside the classroom of my math subject. I was the first year high school student then. I believed I had the best and the most approachable Math teacher but that does not suffice my fear of numbers. Was it psychological? Probably, yes. Mathematics has been my waterloo during my high school years.

As a concerned mother, I relay this to my friend who is a math teacher at Balanga Integrated School. She even experienced this to his son and to her students because when she conducted a survey to solicit her student’s opinion to list down their favorite subjects, she found out that mathematics is listed at the bottom.

One factor that she believed contributed to this perception is that “Math is boring.”

Mathematics is considered as a skill subject. Mastery of a certain skill can be acquired through repetition known as a drill. After the teacher’s discussion, board activities, seatwork then an examination will follow. Life inside a Math classroom goes around these activities. Until the students find it uninteresting, bland and boring.
As a school teacher and experiencing the same situation in my dressmaking class, I suggest that a math teacher, (this is also applicable in all subject areas) should use different strategies that would arouse the interest of the students, enable them to participate and study harder and be able to solve mathematical problems.

And as a mother, just like in the TV commercial, giving words of encouragement to our child will help her a lot to overcome such problem and help her to boost her self-esteem.

References:

acronymfinder.com