NO ONE IS LEFT BEHIND

by:
Ellen Joy N. Bautista
Sunny Hillside School of Bataan Inc.

In time of pandemic, teachers are overwhelmingly scared and exhausted but seeing each other feel the same way and having each other’s back, the burden lightens.

Educators transcend to be each other’s confidante. And the adverse sentiment that engulfs educators transform into optimism. Hearing each other’s story and sharing individual strategy becomes an avenue that provides vital emotional and psychological scaffolds that our every teacher agreed would be needed to teach in this new paradigm.

During these trying moments, there is no common cliché that best depicts the teacher’s situation other than “No one is an island.” Combatting the “new normal” singlehandedly is not commendable. In point of fact, partaking in a group chat and being a member of any Social Media Teacher Group is a gigantic relief.

To keep a sound way of thinking, there must be arduous willpower to connect to other co-workers and reliable professionals to offer mental and emotional framework to your profession. A simple “musta” via text message, chat, video call and other online platforms are very vital. Virtual hugs become essential.

Teaching at this instant is extremely tough, and every educational practitioner necessitates for a virtual company of people who are experiencing what you are. Aside from your contemporaries, don’t overlook to keep updated of your pupils as often as possible so that children can sense like they belong in a class.
At the end of the day, always dredge up that you are not alone. Though there are instances which are inevitable and it is still a puzzle when the whole thing will be back to usual setup, it is very imperative to have rational mind and healthy body. But for the time being, we, as educators must look after one another and guarantee that no one is left behind in this battle of “new normal.”

References: