ORAL AND MAXILLOFACIAL PATHOLOGY

by:

Catherine N. Gonzalvo, DND
Dentist I

Oral Health is something everyone else don’t pay much attention to. They care too much on physical and mental health and forget about caring for their oral health at times. The only time they’ll pay attention is when there is pain or when something is strange about their mouth.

There are numerous oral and maxillofacial diseases, good thing is, they are all treatable, better thing is, they are all preventable. And for always, prevention is way better than treatment or cure. There are too main illnesses that disturb oral health- these are dental carries and periodontal disease. Dental carries are common among children even in grownups where in microbes demineralize tooth exteriors from acid that destroys the tooth enamel forming cavities or holes on teeth; however periodontal disease or gum disease is when damages are created in tissues and bones that anchor the teeth due to inflammation primarily due to inflammation response from bacterial growth that if worsens need antibiotic treatment. Obviously, these simple diseases are avertible and avoidable through appropriate oral discipline and dental care. Regular brushing or flossing of teeth is the most common and easiest way of prevention; use of fluoride toothpaste and no sting mouthwash likewise; avoiding extra sweet foods and acid-containing beverage too; and dental visit for professional checkup is also a must.

Oral Herpes is an infectious or communicable oral disease. People or patients who are HIV positive possess such condition as they are exposed to Herpes Simplex Virus. Patients develop cold sores, fever blisters on the lips, under the tongue, and on soft tissues that surround the mouth. Oral Herpes is contagious and can be pass to others who will have direct contact with
an HIV positive patient. Prevention is abstinence and faithfulness to your only partner. Treatment includes antiviral medication and OTC painkillers and soothing mouth rinse for mouth sores.

Mouth Cancer is an Oral Disease. Regular dental checkups are necessary to detect it because signs and symptoms aren’t obvious during early stage. Removal of the affected part, radiation and chemotherapy are the treatment for oral cancer.

Certainly, because of modernized living and introduction of numerous dental care products, there has been an extensive decline in the pervasiveness of dental diseases archipelago-wide and worldwide. People should have thorough discipline in maintaining good oral hygiene.

References:
https://www.dentalhealth.ie/dentalhealth/causes/diseaseprevention.html