It’s hard nowadays to center one’s attention on the things that matter. There are a lot of distractions from anywhere and everywhere. Staying focus on something takes a lot of willpower and a lot of determination especially these days.

It seems that we are living in a time where change is a normal face of life. Who doesn’t need change anyway? We all do. But what I am pointing is that people nowadays shift from one task to another or from one work to another without finishing what they started. It seems that it’s easier to just leave what is being done than to finished what must be finished. Staying focused on things seems very seldom nowadays. Gone are the days where the patient is a virtue.

Being patient with things takes a lot of courage these days that all seem to be in a hurry for everything. All must be in an instant. All must happen in a sudden as if we’re running in an oval aiming for that first spot at the finish line.

In a world where change is inevitable, it is still best to practice how-to focused on things that matter. To finish what needs to be finished. It is in finishing a task that we may feel the fulfillment of life rather than shifting from one task to another.

Give patience another chance to become your virtue. Staying focused has a reward, be patient and rewards will just overflow.

References:

[1] Covid-19’s known unknowns
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