POSITIVITY AMIDST COVID19 POSITIVITY

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Have you ever imagined yourself inside the hospital during this times of CoViD19? If yes, what could be your business inside the hospital? Why are you there? Are you one of the doctors? nurses? medical technologists? janitors? guards? medical representatives? patients? or companions of the patient? Who ever you are on that picture, one thing is sure it is definitely not easy.

Most of us don’t even want to visit the hospital or see a doctor as much as possible for the reason that we might acquire the deadly virus. Some died in an instant before they even get the result of their swab test. Sadly, some of our medical front liners like the nurses and doctors died while taking care of the patients. Because of that, we have come to realize that they are now our country’s precious national treasures that must be taken care of. Nurses and doctors are also humans who need to rest, spend quality time with their loved ones who are sacrificing not to even touch or see their family. They are also parents, daughters and siblings at home. We have witnessed some of them just to hug their kids, a kid must be first wrapped around with a big plastic bag just for the mother to hug her kid while ensuring that the kid will not get any virus. A police who is also a father is avoiding his son to come near him and the kid is not old enough to understand the health protocols which made the son cry harder. Just watching that really breaks our heart, how much more those who are experiencing that. On the part of some people who can still take to fool the community authorities just to feed their id of not so important wants, are they really with us? Unfortunately, some even commit suicides because of the depression brought by this pandemic. Some have still the guts to perform modus operandi to deceive other entrepreneur like what happened in the price war of face
shields and the fake news regarding the vaccine for CoViD19. It also struck the economy very badly. And the saddest part, a lot of cases and deaths were recorded.

Despite this situation, there were still more positive things that happened. Generosity from the unexpected people was witnessed like from those who were not really in a more favorable situation, they are the ones whom you can see giving free face masks, free water and free food. You can really feel that as much as they can help, in their own little special way, they are expressing their love for the humanity. A lot of people who are donating anonymously were also sharing a part of their blessings. Most of the bread winners who lost their job found the strongest and most versatile version of their self. Some celebrities turned into tricycle drivers and fire fighters. Some flight stewardess and beauty queen were now entrepreneurs.

We have been so occupied living our lives but right now we give more importance in building and prospering genuine relationship with our loved ones. We became more health conscious and practice a better hygiene. We clean our surroundings more often. Most of the things that we are doing face to face become innovated. Instead of having meetings/classes face to face, we become more techie and we are now using virtual communication like Zoom meetings to stay connected with our friends and relatives and with our work. New tools and soft wares were also introduced. We are now more independent in learning new things and fixing broken things in our home. We appreciate more the greens which are the plants. Most of us become more plant lovers. Face book pages were made and more of us turned into “plantitas” and “plantitos”. Education becomes digitized unlike before that we prefer the traditional way of studying.

Receiving the message that you are CoViD19 positive is so inevitably depressing. But one of the most amazing reward of surviving the virus is that you can donate your plasma to other patients so that they can also hopefully survive. This is not yet fully clinically proven safe and effective but base on some cases, those who have tried CONVALESCENT PLASMA has recovered from the disease. Convalescent from the
word convalesce which means to recover health and strength after sickness or weakness. Plasma, which is the yellow part of the blood. A medical professional will check if the CoViD19 survivor is qualified to donate his plasma and the therapy will be conducted.

How does it really happen? As a brief description, blood will be collected and will run thru a machine to separate the plasma which contains anti bodies that have won against the virus, the process is called apheresis. Convalescent plasma will now then be transfused to the patient to deliver the anti-bodies to their blood and boost their ability to fight the disease.

Who can donate a convalescent plasma? According to the COVID-19 Resource Center, they are the people who tested CoViD19 positive and has no symptoms for fourteen days. And also people who had never been confirmed CoViD19 positive but have recovered from CoViD19 symptoms and tested positive to SARS-CoV-2 antibodies. Basically, they must meet all the standard requirements of a blood donor and is willing to donate their plasma.

Amidst this pandemic, the world needs more kind people and more faithful children of God. As Miss Universe Catriona Gray has mentioned in her answer during the Miss Universe pageant, we should always look for the silver lining in every situation. With that, negativity will not perpetuate and positivity amidst CoViD19 will foster while changing our hearts to realize the significance of praying to our merciful Almighty God who is teaching us life lessons thru this pandemic and that He will help us transcend this challenge that He has given us.

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