RA 10627, ANTI-BULLYING ACT

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Bullying mostly comes in either physical or verbal forms. Other instances are relational, harassment and to date with the advance in technologies the very common is cyberbullying.

Physical bullying may include doing bodily harm as hitting, slapping etc. Verbal bullying includes demeaning words, calling names, insults or derogatory taunts. Relational may come in forms such as spreading gossips, providing false information’s and the like. Extortion can be in elementary students maybe simple stealing of belongings, getting “barons” and the like. The most recent form of bullying, cyberbullying is far more damaging to the victims. Here the victim is helpless since derogatory remarks, insults are online in Facebook, tweeters and to a comprehensive anti-bullying policy her social media.

How can we help prevent bullying, as parents or as teachers?

RA 10627 or the Anti-Bullying Act

This act has its implementing rules and regulations’. Every school is required to come up with a workable anti-bullying policy, disseminate and implement it strictly. All forms of misdemeanors considered harmful to others /all forms of bullying should be included and the corresponding sanctions for the bullies, also for inclusion will be the process of fair investigation, the timeframe and some interventions to prevent to help the victims cope with school and life. From here we can clearly make students aware of their actions. The author believes that information dissemination should be given at every opening of classes and every classroom should post the Anti Bullying Act as reminders.
Parent Teachers the Anti should tackle the policy as studies reveal aggressive behaviors are mostly associated with families. How the can parents help in reducing instances of having a bully child? It is suggested that discipline at home should not be one the child is reported by school to have bullied someone in school. violent. Parents can provide a very caring home environment to develop in the child the attitude of caring for others as well. Encouraging love for others, kindness to all living things even to animals should be instilled in the child. Playtime at home should be encouraged among families. Encourage children to talk about school and school activities, their friends and teachers. Children may opt to keep quiet about being bullied and parents should be aware of these instances by visiting school and talking with the teachers.

References:
https://www.lawphil.net/statutes/repacts/ra2013/ra_10627_2013.html?fbclid=IwAR0aE1QjuIiZ9k4gl8WxwqbH7cBzguVVpLil-SRb1QuPIRBAZWVYT-2Vd0Q