REASONS BEHIND TEENAGE REBELLION

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Teenage rebellion defines as a natural part of development occurring to young adults where it can give them the sense of independence from their parents and be able to make their own decision. The causes of teenage rebellion are still being debated as natural or indispensable. There are claims that the failure of an adolescent to build his own identity may result to confusion and likely to have a difficulty in choosing his own career.

Teen rebellion comes from mild to severest form. It is one of the most problems that parents usually face in adolescent years of their children. Parents must be knowledgeable how to handle these teen rebels because if they get out of control, more damages will arise.

Conversely, there are various reasons behind teenage rebellion, this includes the following:

1. They long to be independent. The transition from a kid to teen has a strong urge to change his existing state of affairs. They think and feel that they are old enough to handle their own affairs and they start to defy the rules of their parents.

2. Differences in attitude between parents and children. Teenagers hate rules and they want freedom. They usually like the trends which are not approved by the parents.

3. They tend to become impulsive. Teenagers’ judgment over things are blurred because of the excitement and thrill that they want to experience.
4. Desire to belong. Here comes the peer pressure, they thought highly of the opinions of their peers because they want to be in and belong to that group.

5. Changes in the structure of the brain. Studies show that brain cells are not completely developed until they reach the age of 25. A young and immature neuron impacts the way they make decisions which is likely to lead to rebellion.

At the sign of rebellion, parents and teachers’ communication is truly crucial. They have to work hand in hand to prevent such events because it may lead to major problem.

References: