Society is where a group of people living with the same territory and sharing common knowledge and heritage. It is also a place where people follow certain beliefs and tradition, and one of the beliefs that they follow is what their religion tells them to do. Religion is a particular system of faith and worship wherein people tend to come together and exercise certain rituals. But why people are engaging themselves in a religion? How the religion affects their lives? Religion is one of the most influential factors in human lives, we do things which are acceptable in the religion where we belong. Religion can control our actions. It can be also a basis of what kind of life we want to have. If the religion teaches each one to be a good human there will be a harmonious relationship among the people in the community they live in.

In other words, we can say that religion is defined as belief in spirit beings. Broadly stated, religion can be defined as a process of belief and practice through which a group of people struggle with various problems in human life. The standard of religion reveals two things: first, a belief that evil, disease, sadness and injustice are fundamental facts of existence; second, a set of practices and related beliefs that express a belief that man can be saved from those truths.

References:

A Scientific Study of Religion by J. Milton Yunger, Oberlin College.