RELISHING THE LIFE OF AN EDUCATOR

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Teaching is one of the most stressful profession that is full of criticism and uncertainties. Handling bully students, infinite number of paper works and extra assignments in school make us feel exhausted. These tasks complete our job as an educator. Counseling students with problems and worst behavior is also our duty. It seems that our role in this world is expansive and endless.

Despite of the pressure caused by teaching, there are still educators that continue performing their obligations. The reason is that there are some aspects of this profession that they really enjoy. In spite of the busy schedule how can teachers still appreciate their job? There are suggested activities that can be done to relish your work. According Briggs (2015), discovering new things and knowledge with the students will give us pleasure. New facts or even methods in teaching Mathematics is a proof that you are improving. Our job is to educate but deriving such formulas that can be used to solve problems easier with the learners is an achievement. It gives us feeling of success despite of the stressful day of teaching. Students that shows effort to discover new things proves that there is still a reason to enjoy this profession.

Eva (2018) recommends the educators to create a brief timeline of events that they encounter as a teacher. Take note of those unfavorable circumstances that happened and write the lessons you learned from it. It is also better if you’re going to list the highlights of your life in the field of education. It could be a promotion, a party with the students or even a simple student gave you a thank you card on teacher’s day. Writing those circumstances will remind your real purpose in the field of education. Whenever you feel down, you can read these instances that you wrote to encourage you to continue performing your role as a teacher.

Apparently, Wilson (2016) advises the teachers to avoid negativity at work to enjoy teaching. Having friends with your co-workers is a way to create a positive working environment.
Getting to know your students and allow yourself to enjoy the lessons can also be effective ways to be happy at the workplace. Spending your free time productively by means of mentoring your co-teachers or students in a difficult lesson is an accomplishment. Creating a growth mindset in you is also the best way to love your profession. Remind yourself that you can do more and can transfer unique knowledge to the students. Showing these traits as an effective teacher will lead you to satisfaction and excitement in this career.

Being an educator may be tough but it is the noblest profession that is full of wisdom and love. Focusing on the brighter part of teaching is an effective way to be contended and appreciate your job. Witnessing students achieving their dreams they thought they would never be able to be is a blessing. This only proves that we can still enjoy this profession despite of the challenges and difficulties.

References:

Refuse to Be a Boring Teacher: 15 Ways to Have More Fun
Saga Briggs 2015

Five Ways to Reignite Your Passion for Teaching
Amy Eva 2018

Dear NQT, teaching isn't easy but here's how to enjoy the adventure
Ryan Wilson 2016