RESILIENCY AND RESPONSIVENESS IS THE KEY

by:
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In this hard-trying pandemic situation, many somehow feel devastated due to abrupt changes. The current health crisis caused by COVID 19 brings so much fear worldwide. It destroys the economy of the country – the operations of many establishments were freeze or worst, totally shut down resulting to unemployed individuals. Even the education sector is greatly affected, resulting to the development of new ways and means to continuously deliver quality education for all learners amidst the pandemic.

Nowadays, life is filled with unimaginable uncertainties due to problems and challenges brought about by the pandemic. While many things remain outside human’s control, resiliency and responsiveness are the keys to cope with difficult circumstances and face the unknown. According to Merriam Webster, resiliency is the ability to recover from or adjust easily to misfortune or sudden change while responsiveness is the ability to quickly respond or react appropriately or sympathetically. Furthermore, resilience helps us to be in a right track during difficult or stressful periods and can also protect us from the development of some mental health difficulties and issues due to stress. It means controlling your fears and seeing ways to quickly divert the impact of the crisis in positive ways which in short, is being responsive. Those two mentioned abilities are crucial in overcoming the present challenges.

The education sector is now calling for resilient and responsive teachers to cope up with the challenges of the new normal system of teaching and learning. Teachers must be open-minded and willing to embrace whatever changes might happen in the system. It is deemed necessary for them to understand the different learning modalities which
will be implemented this school year as well as adapting themselves with the use of modern technologies in teaching. Likewise, it is necessary to be sympathetic teachers, considering the health crisis experienced by the learners. In doing so, they will be ready and capable of delivering quality education for all learners.

Despite the continues abrupt changes, everyone is encouraged to be more resilient and responsive towards those changes. As the old cliché, “when the going gets tough, the tough gets going”. It is therefore important that we know how to get along with the circumstances in a positive way.

References:

Merriam Webster Dictionary