Teachers of English as a Second Language have been intensely giving attention to identify the most effective technique on how to teach English. English is taught in a number of different ways. There is no single approach or method that is suitable to all types of learners. It is why the teacher has to determine the needs of the students and their attitudes toward studying English and the reasons for learning it.

English as second language of the Filipinos and appears to be the most in demand nowadays is given more importance in studies. However, because Filipinos are exposed to this language knowing that it is used as medium of instruction in almost all subject areas except those of Mother Tongue and Filipino, studying the grammar tends to be a significant step in establishing language learning. Filipinos become very meticulous in using the language that sometimes hinder them to practice the language because of the fear of committing errors in grammar.

According to Diane Larsen-Freeman's writings on language teaching methodology, there is no single acceptable way to go about teaching language today. It is true since there are also people who prefer to have language immersion where they will be forced to use English as their only language, thus, acquire the language by constantly using it without studying the rules first.
This is where the role of the teachers of English starts. It is real that organizing speaking activities among students is challenging especially if the class is composed of beginners and the teacher wants every student to participate. The teacher should know the appropriate approach or method to be used to motivate students in overcoming their anxiety in studying English.

1The following are some of the approaches and methods that the teachers of English as Second Language have used: Traditional language teaching- Grammar Translation Method, Direct Method and Audio-lingual Method; Communicative language teaching- Communicative Approach, Total Physical Response, Natural Approach and Competency-Based Approach; and Innovative language teaching-Silent Way, Community Language Learning and Suggestopedia.

In using any of this approaches and methods, teachers must inculcate to the students the significance of learning English.

References:

https://fsi-languages.yojik.eu/languages/PeaceCorps/English-TEFL/M0041_tefltesl.pdf