SELECTING BEST CLASSROOM ICEBREAKERS OR TEAM BUILDING WORKSHOPS

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If you are a teacher, trainer, or a facilitator of a certain group of learners, you probably know the value of a good icebreaker game or activity. It serves many purposes and yields valuable benefits for the group. For example, it can engage your pupils and get them more motivated to participate; it can get them to open up; it can help them feel more comfortable; it can promote teamwork and unity; and it can help pupils get to know each other, especially the more shy or quiet ones.

However, there are good icebreakers and there are bad ones. Here are some tips that will help you pick a good icebreaker game or activity for team building.

What to look for in an Icebreaker Game or Activity?

Look for exercises that help people open up about themselves, their values, opinions, thoughts, and deeper things that they otherwise would not share. This can encourage pupils to participate in any class discussion or group activity.

Icebreakers or team building workshops promote unity and participation by all are good games. Get everyone involved. Avoid games that eliminate or exclude people quickly. Also avoid culturally specific activities or games. Everyone should be able to enjoy and take part. Encourage collaboration and teamwork, as an atmosphere of unity can promote a positive learning environment. Depending on your class, you may want to avoid too
much competition or activities that give some groups elevated status. Don’t make the learners feel uncomfortable or too embarrassed.

Consider what icebreaker activities can make good, lasting memories or can be use as a springboard for future class discussions. Shared experiences and ideas can make for good reference.

References:

Icebreakers Guide - https://www4.ntu.ac.uk>adq>

FunBack-t0-SchoolActivitiesandIcebreakers/Scholastic https://www.scholastic.com >

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