SIMPLE STEPS TO TRANSFORM TEACHING LIFE

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Teaching life is not as easy as other professions. Some teachers are not enjoying their jobs because of not having a motivational drive and the feeling of being tired of accomplishing thousands of paper works.

There are some simple tips to help us cast our burdens in teaching. First, ignite our spirituality, lend at least 10 minutes every day to communicate with our Almighty God asking for guidance in everything we do and offer Him our problems and concerns. It will help us a lot to unload our misconceptions, stress, and anxiety in our work. Second be open-minded in changes, corrections and what others tell us to do to improve our work. Don’t too over-react when someone criticizes us to take it positively, reflect what we need to overcome and what do we need to add just like in cooking if the ingredients are complete you can cook delicious food. Third Self Control we need to stop our bad habits of always saying come what may let us try to do our best in everything. Follow the rules and overcome some unpleasant actions towards work. For example, if you are alcoholic try not to go to bars. Remember that the success in our lives depends on how we handle it. Lastly, stick to your path. Set your own goals to stick yourselves into it, focus on what we are doing and take it seriously. Knowing what you are going and knowing your purpose in life is necessary to transform our teaching. We can clearly determine what we need to do to make our work easy and enjoyable which we can render quality service to our learners.
Nothing comes easy in life like what Warren Buffet said, “We don’t have to be smarter than the rest, we, have to be more disciplined than the rest”. Meaning, intelligence is not quite important but the most important is our attitude towards work. And with that so many distractions and bad habits, we forget discipline. Discipline is the last thing we consider however self-discipline is the foundation in every walks of life upon which practice we must do. If we want to be a better teacher prioritize whatever it takes to get there. Identify barriers and eliminate them. See how regulations in yourself transform your teaching life.

References:

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