SOCIAL MEDIA: IT’S IMPACT ON STUDENTS

by:
Jessica H. Guevara
Teacher I, Balon Elementary School

In the society that we are living today, where information is just a button press away, it is undeniably conform that social media has beneficial effects on learners. However, online site has detrimental effects too, not just in the study habits of every school children, but in behaviour as well.

Online media employs clear advantages to students. Informations, ideas and news can be easily access. Hence, is considered as great tool for creating awareness in any social issues and different researches in school. Online networking sites like Facebook, Instagram, Twitter, Snapchat, etc. give youth an ultimate chance to communicate and reconnect with love ones who are far from them particularly their families and friends.

Nevertheless, social media is a controversial topic today, the rising pressure of being engage in social networking sites is affecting youth in a negative way. According to statistics, average number of hours a school-age individual spends online is 72 hours per week. This is very much alarming considering that they have to accord time to study, recreational activities, reading, etc.

In addition, number of physiatrists suppose that social media contributes in most factor that cause depression and anxiety to individuals. It also has an utmost effect on mental growth of learners that can influence their studies and behaviour. Furthermore, another unfavourable condition of social media is the cyber bullying and pornography that indeed affect children’s behaviour. It is said that exposure to media violence can facilitate aggression and elicit similar actions on the part of the viewer.(Park et, al (1981))
It is without a shred of doubt that social media is one of the biggest elements that is present in our society. Student must carefully weigh the effect of engaging on it and know how to balance everything like studies, sports and social media properly and.

References:

https://indiacelebrating.com