SPORTS IN THE ANGLE OF ART

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The influence of sports is very evident to humans in all ages. Even gods and goddesses play different sports. Humans are naturally created to engage in physical activities and to use mind to attack the opposing team. Basically, the main goal of the players is to win the game, but to win is just an end. There is something within sport that makes it interesting and that is its artistic form.

Are Sports a form of art? According to Amorfati, “Sports have the ability to affect the mind, body, soul, and spirit of the people”. Indeed, sports are forms of art. It starts in the mind of the players and runs in the body affecting their soul and spirit. People who play sports have different body movements that reveal artistic forms. An example of it is in the sport of volleyball in which players form different body angles whenever they spike, serve, block, joust, and even dig. Another example is in the sport of basketball in which players show artistic movements in the way they make plays to score a point or to steal the possession from the opponents. In this manner, players are using their mind to transpire each play.

According to The Elder Scroll, “Sport is an art, because it involves skills, creativity, and imagination, and it produces work that is greatly appreciated for their competitive nature and teamwork spirit”. It is an art that entails skills. It is not as easy and casual as many spectators think. It requires fundamental skills and conditioning to strengthen the body. It also needs self-discipline. Take sepak takraw as an example. Players should know the basic skills of ball control and passing with the use of feet, knees and head before learning how to attack, spike and block. As players, they are allowed to be creative in making plays. They set plays in the mind and imagination together to make a plan in
executing the right move. They establish the art of teamwork that is essential in every sport especially during crucial point. The audience then enthralled with the skills and talents that the players have shown that make sports competitive.

Sport is a form of art. It never loses its style, purpose, and the happiness it brings to the people playing. It gives learners or players the chance to discover how life is attractively created because of sports. Sports to the eyes of an artist may not be an art, but in the eyes of those who persevere and never stop dreaming, sports are more than just an art...a passion.

References
