SPORTS IN THE ATHLETE’S PERSPECTIVES

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As the saying goes, “Sports can give you an opportunity to study”. Sports begin when someone discovers his potential. It prepares us to play and win. It gives us the time to showcase our intellectual abilities as well as our bodily-kinesthetic skills. It prepares us to become physically fit to withstand every hardship that will be facing during the tournament.

For a pre-school child, sport is a form of socialization. It is the play time after a long day of coloring, writing, singing, and dancing. It is the time for flexing the muscles and rolling on the ground. It is the moment to stretch their muscles on the field together with his classmates and teacher. For an elementary pupil, a love to sports is discovered and gradually embracing his talent. It is the time for showing what he can do and what he cannot do. It is the moment where mistakes are prompting due to frequent exploration and where emotions are easily broken. But this also the time that teaches him how to stand whenever he falls on the ground.

For a high school student, sport is something that inspires him to enter college. Skills are already there and the needs to improve those weapons are necessary. Team work is establishing where friendship is also building. Emotions like courage and determination are developing. It is the time where skills are entering in a higher level, because competition is tighter. Sport is something that makes his parents proud and chances of playing on the different places are one step closer.

For a college student, sport is something that can give him a good education and a better future. Sport is something that fulfills his dreams and ambition. It gives him the opportunity to help his parents. This time, the body is shaped, conditioned, and prepared for the big battles. Emotions are stronger and he is not easily distracted. This is the
moment where teamwork is indispensable, because it spells the difference on both ends of the game.

For a young adult, who just graduated from college and earned his diploma, a dedication to sports is something that can be used as an asset to earn a job. It is the time where hardships are rewarded. It is the start of the new beginning for the athletes by leaving his comfort zone and engaging in a more competitive field. It can also be an avenue to enter in the next level of competition, the professional league. It is the moment to display how far the athlete has grown through trainings and mental conditioning. It is the time where his story, memories, and heart break can be shared to his offspring and to the youth to serve as an inspiration to pursue their dreams on becoming an athlete.

People look at sports in different perspectives. Students discover their sports in different means, they develop and learn in different ways, they play different positions, but at the end of the game, sports made them smile, laugh, and succeed.

Reference: