SPREADING HAPPINESS IN THE WORKPLACE

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Teachers are jack of all trades. We are teaching our students, we serve as second parents, a psychologist, and nurse and forever students. We spend 90% of our life at school. Students are our top priority. Our co-teachers, utility workers, office staff, administrators and parents are our family at work. They say that teaching is nerve-wracking but the way on how you enjoy with your work is the thing that matters. Creating a healthy environment and company will motivate the educators to continue doing their job. Conflicts may arise but there are some methods on how to handle them well and avoided.

Agarwal (2018) emphasized the importance of collaboration and communication at work. It is better to express your feelings clearly for the people to understand your side and learn how to handle difficult situations despite of individual differences. Open and honest communication will yield to an organized and restored environment. Feedbacks are essential and must be welcomed to be visibly absorbed and take positively by everyone for a positive social interaction. Through open communication, misunderstandings and other clashes may resolved faster.

Blackman (2018) believed that the physical workplace must be improved to increase the employees’ determination at work. It is important that the working environment has a proper lightning, clean and organized. Schools with sufficient facilities will make the teachers more productive. This will remind them that the government are extremely concerned and provide their needs in building the future of the students.
Making the employees comfortable and the workplace will reduce the stress and toxic situations.

Mcduffee (2019) discovered that organizing team building events will create a teamwork and will inspire the employees to love and enjoy their work despite of the difficult challenges they are encountering at work. Teachers that are playing together, laughing and solve problems together will produce a happy, fruitful and fulfilled working environment. They will learn to appreciate the importance of having friends at work. Through these activities, the magic of team building be of essential and will shape a strong organization and family.

Working in a healthy environment is essential. A high compensation is not enough to stay in the workplace. It is better to think that you are enjoying doing your job because of your teammates rather than for the need of money. Spreading good vibes will help us and our co-employees to have pleasure and to make us free from stress. Always put in mind that appreciating your work and dealing with the other workers positively will bless you and will give you a sense of satisfaction at work.

References:

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