STRATEGIES AND APPROACHES TO PREVENT BULLYING IN A CLASSROOM SETTING
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The need to keep students in school and perform well is quite a major concern of teachers. But how could a student perform well in academics and non-academics when a student often keep absences or even drop from classes because of being bullied? J. Dan Drosopouros et al. (2008) cited that the most noticeable problem of bullying was at both Sixth Grade and freshman level and bullying negatively affected the safety of students felt at school as well as the classroom environment.

The teacher should not single out strategy to address the problem but varied strategies depending on the forms of bullying arises in the class, be it directly or indirectly.

The writer often used the following strategies and approaches; the teachers should establish and enforce school rules and policies. This should be done during the first day of classes and from time to time remind students about the rules. In cases that there are signs on the occurrence of bullying during class hour, the teacher should pay attention onto it, ask student attention by asking questions about the lesson in hand and must be given in a behavioral approach. When bullying happens, remain calm, listen and don’t pre-judge in dealing the students who bullied and intervene them based on the gravity of bullying. Investigate the situation after the class so as the involved students will not be humiliated in front of many. This is to avoid every students in the class to talk one another that may only tend to interruption of class discussions. The teachers should also strengthen skills on the art of classroom management specifically on conduct, content and covenant management. If teachers know how to handle, bullying from students has no leeway during the classroom discussion.
Teachers who are not skillful in addressing bullying behaviors should get appropriate professional help and become trained to handle bullying situations.

Bullying behavior is a problem that creates poor academic environment which ultimately interferes the achievement of many students who are victimized. A serious problem that will impact the school experience of all students involved. This indeed the reason that government mitigated problems of bullying through Republic Act No. 10627 otherwise known as Anti-Bullying Act of 2013. Every classroom teachers must take it seriously and find effective solutions. Participate in contextualizing the school’s anti-bullying programs based on the Child Protection Policy and other underlying laws and provisions.

References:


http://www.nea.org/home/51629.htm