STRUGGLE IS REAL

by:
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In our present time, we are all struggling because of the pandemic. COVID19 changed our lives globally and a life-changing scenario for all of us. This pandemic resulted in so many problems that as of this moment we still fighting and surviving. COVID 19 affects education, experienced economic uncertainty and, mental health- the psychological impact of the pandemic. Adopting and embracing the new normal is struggling for all of us, our new normal defines lockdowns, quarantines, wearing mask and face shields, washing hands, physical distancing and, curfews. The majority of us, have hanging questions is this our normal lives for all of us? this pandemic will last? and sometimes we come to an end that we are hopeless and desperate to our situation because of so many negative effects happened that cause depression to some of us.

"WE sense that normal isn’t coming back, that we are being born into a new normal: a new kind of society, a new relationship to the earth, a new experience of being human.”
— Charles Eisenstein

Embracing the new normal with the hope in our hearts is good but hoping and wishing for our normal lives to come back is better. Experiencing struggles is normal for all of us but coping and surviving with this taught us to strengthen our faith, giving importance to the people around us and, be optimistic that our normal lives will back with the help of each other.
References: