SUCCESS OF FEEDING, FOR PUPILS LEARNING

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Nutrition is one of the many factors that influence cognitive development in infants and children, particularly in undernourished children. Good nutrition benefits families, their communities and the world as a whole. Proper nutrition helps give every child the best start in life. The status of nutrition of children today will be reflected in the next and succeeding generations. Within recent years, the significance of nutrition in childhood has become more widely appreciated. Malnutrition may result in a tragic waste of human resources, so a high priority should be to facilitate adequate nutrition of the young.

The starting line of having a good nutrition for severely and wasted pupils is to support the National school deworming called “OPLAN GOOD BYE BULATE”, a massive one day simultaneous school deworming to all school-aged children enrolled in public schools. A mass drug administration a strategy to provide deworming drugs (Albendazole 400mg.) to the eligible population. To improve and better health outcome which is among the targets in the road map of the Kalusugan Pangkalahatan or Universal Health Care. All enrolled children in public elementary schools shall be simultaneously dewormed by MDAP assisted by Barangay and community Health teams supervised by Regional, Provincial and Rural Health Office Health Personnel.

The implementation of NSDD in coordination with the DEPed, DOH and the community support and ensure the success of the NSDD to achieved the objectives in improving the good health of all the school-aged children.
National School Deworming success, will help and lessen the global public health problem that conquer their physical and mental health.

The main source of feeding food ingredients is the Malunggay leaves and fruit, or “The Miracle Tree Of Life”, is a plant with a wide range of medicinal uses and high nutritional value. The nutritional value and amazing health benefits of the plant, would really help our feeding project in our canteen. All its parts are high in nutrients and are edible. Malunggay leaves are consumed either in the form of fresh salad, drinks or steamed as spinach. Its flowers are rich in potassium and calcium, very nutritious and consumed as food. These remarkable plant contain seven times the vitamin C found in oranges, four times the calcium in milk, four times the vitamin A in carrots, twice the protein of yoghurt, twenty five times the iron in spinach and three times the potassium in bananas. This is the main ingredients in the feeding planted also in school.

Certainly, a tap on parents and pupils awareness was made possible because of feeding program. Hopefully, continuously implemented by the government and community so global public health problem will be prevented and their lifestyles in learning be more comprehensive.

References: