SUGGESTED TEACHING STRATEGIES IN COOKERY

JEMALYN O. RAYMUNDO/ Teacher Applicant

Cookery is one of the most beneficial course under the Home Economics strand in Technical Vocational Livelihood (TVL) Track under K-12 program. Aside from the essential cooking skills they will learn, they will also develop a basic entrepreneurial skills to guide them on becoming a successful chef in the future. Learners are expected to gain right knowledge, attitude, values and skills to start a small business. As a teacher, teaching this course for the first time can be challenging especially if your strategies/Activities are not congruent and compatible with the subject matter. It can also be rewarding if you find the right techniques on how you will teach the subject effectively. It is also important that facilitators of this course should have different methods to deliver the subject.

There are several strategies on how to teach the course, but finding the right one on specific topic can make students more effective and more efficient learner. Here are some of the suggested teaching strategies in teaching cookery.

USE AUDIO–VISUAL PRESENTATION

According to several studies, students react better to audio-visual presentation. They enjoyed watching a cooking lesson rather than having a lot of lectures. Students become more attentive and show great interest in the subject matter if they see the step by step procedure of the lesson.

Nowadays, it is not that difficult to find an audio-visual presentation about topics on cooking. There are lots of cooking resources on YouTube and cooking sites in the internet. Using Audio-Visual presentation can makes both teaching and learning easy. It is also proven to be memorable, thought provoking and promotes better retention of the subject matter.

INVITING A RESOURCE SPEAKER

Inviting a resource speaker is one of the suggestive strategies that can be very useful and can maximize the learning of every student. An experienced guest speaker can make an impact on your students. Their knowledge and real world life experience helps students build important connections between what they are learning and the real world. Shared Information of the resource speaker can inspired students and motivate them to strive for their goals. Choosing a resource speaker on specific topic is also important, it is recommended that they are reliable and can make an impact on your classroom. This strategy will be very informative and gives students opportunity to learn something new in different point of view.
USE HANDS ON ACTIVITY

During the days when we were still students, I can say that most of us don’t remember the lectures, test or textbooks discussed. But we remember the projects and activities we’ve done or created with our own hands. In this strategy a hands on strategy is suggested, by taking this approach it will help the students retain information and focus on the subject matter. In cookery class were most of the skills need activity rather than lecture, it is an excellent way to get students excited on the activity/project. Their cooking skills will enhanced by making them learn by doing. Those step by step procedures will be retain more if they do it in actual setting.

DEMONSTRATION

Demonstration is the traditional classroom strategy used in technical and skill teaching. In demonstration strategy, teacher demonstrates the prepared lesson and followed by discussion. There are several subject matter that this approach fits. For example, discussing Cleaning and sanitizing tools and equipment, it is better to discuss the ways, importance then followed by demonstration on the proper procedure. This simple or complex skill becomes easy to understand in this kind of strategy. It also develops interest in the learners and motivates them for active participation.

REFERENCES:
http://foodandhealth.com/cooking-class-tips/
http://www.teachhub.com/classroom-management-guest-speakers-support-learning
http://www.meritec.ie/the-advantages-of-audio-visual-solutions-for-education/
http://www.teachhub.com/improve-learning-hands-classroom-games-activities