TEACHING THROUGH MUSIC

by:

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Teaching through music is encouraging and scholastic. Utilizing music as a teaching tool in any class creates an inspiring and motivating learning environment to the learners. Integrating music into class can assist the teacher to deliver and teach content. Likewise, it doesn’t require a special training or lavish resources. Plato once said, “Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.”

Based on studies, music can be useful in dealing with chronic pain, reduce blood pressure or even boost our immunity. Likewise, music affects human cognitive capabilities and learning. Hence, music was unveiled as a potential factor for improving the learning process and knowledge retention among learners.

Kids love music. It is important for a teacher to realize that it is a great way to catch the class attention. Instead of having a usual and traditional way of delivering a lesson, why not try some sort of game-based or show-based instruction. The teacher may use the concepts of “The Voice,” “Your Face Sounds Familiar,” “Song Tanong,” and the like. These are novelty yet interesting because it will surely get your class into fun while learning.

Now, why should teachers have to consider music in the classroom? According to Peterson (2021), here are the reasons:

1. Music speeds up learning because it is an excellent method for refining information absorption and stand as a general and powerful strategy for providing learning experiences that are far more efficient.
2. Music helps learners to memorize learning material because with a regular enactment of chants, teachers can support learners of all ages to remember and hold new information.

3. Music enriches learning experiences by activating the information emotionally, physically and mentally, the multi-sensory interface with information can aid the teachers to generate a highly concentrated learning state where learners are able to quickly absorb a lot of information.

4. Music motivates learners to focus because it can set a rhythm to assist learners achieve a greater state of concentration. Baroque music such as composed by Hendal, Bach and Telemann can help learners achieve a focused atmosphere. Experts claimed that Mozart music is better during afternoon sessions when learners are usually tired and less motivated.

5. Music build a supportive atmosphere since it’s a good idea playing a tune when learners are entering the classroom for it will set the right vibe from the beginning of the class.

6. Music creates a sense of community where people bond and become more emphatic towards each other with music because music can be a factor in opening the minds to diverse culture and different perspectives.

7. Music fosters individual expression and stimulates creativity for learners are inspired of writing songs about learning material which allows them to express their feeling about it. Likewise, music helps learners to come up with a role play activities where learners work together with movement to express abstract information.

Alegria (2017) emphasized that as educators, we want to appropriately challenge our learners, promoting higher-order thinking as we meet the curriculum standards. Music is one great tool to engage our learners and lead a way for linkages and deeper understanding. Remember that music opens the door towards creativity.
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